

MONDAY AUGUST 11



Hike - The chalets of Mens via the pas de La Bosse

- Adult: 22 € Child (8-12 years old): 16 €
- From 8 years old

Lionel takes you on a hike under the Cornettes de Bise. Bookings can be made at the Bureau des accompagnateurs office (Richard Sport bis shop).

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Hiking for children

- € Child 27 € ☐ From 6 to 13 years old Little legs but big curiosity! Every Monday it is a different hike and exclusively reserved for children

aged from 6 to 13 years old.

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TUESDAY AUGUST 12



Walking - Flora & Yoga

- 1.30pm-5.30pm
 232 route de Vonnes
- € Adult: 35 € Child (12-15 years old) : 30 €
- From 8 years old

A half-day outing combining hiking and yoga. Discover the most beautiful spots in the Vallée

d'Abondance and take the time to contemplate the local flora and fauna, breathe and move with awareness.

Reservations at the Mésière Sport shop (route de Vonnes).

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Walk and snack at Barbossine farm € 100 miles in the state of the sta

- 1.45pm-6pm Tuesday.
 ∇irage du Tenne
- Adult: 30 € Child 8 / 16 € minimum = de 3
 à 6 ans. maximum = de 6 à 12 ans Mountain
 guide included. Free for children under 3yrs old

Aline, a mountain guide, will guide you on the paths leading in the mountain pastures to meet Corinne and Emmanuel David farmers.

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WEDNESDAY AUGUST 13



Hiking - Flora & geology at Bassachaux pass

- ② 1.30pm-6pm ♥ Col de Bassachaux
- Adult: 23 € Child (8-15 years old): 18 €
- From 8 years old

A varied circuit with splendid panoramas on the Aulps and Abondance valleys where flora and geology are intimately linked.
330 metres of difference in altitude.

Reservations at the Mésière Sport shop (route de Vonnes).

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THURSDAY AUGUST 14



The 3 passes and Lake Darbon

- 7am-3pm
 Mesière Sport
- € Adult: 38 € Child (8-15 years old) : 30 €
- From 8 years old

Martine takes you on a superb hike and a possible encounter with ibex.

Elevation gain: 850m. For good walkers only. Reservations at the Mésière Sport shop (route de Vonnes).

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Hike - The tour of the mountain pastures

- € Adult: 30 € Child (-12 years old) : 23 €
- From 10 years old

Lionel takes you on a hike to visit the mountain pastures of Mont de Grange.

Bookings can be made at the Bureau des accompagnateurs office (Richard Sport bis shop).

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Walk and Alpine dinner in

- ◆ 5.30pm-11pm Thursday.

 Virage du Tenne

 Output

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 Output

 Description

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- € Adult: 46 € Child (3-12 years old) : 30 € The atmosphere of an evening in the alp around a good meal...the descent under the starry sky...come to live this unique experience!

Booking at Aline Ploton.

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FRIDAY AUGUST 15



Hike - Le tour des Pavis

② 8.30am-5pm ♥ Bureau des accompagnateurs

Adult: 30 € - Child (8-12 years old): 23 €

From 8 years old

Nice walk with picnic at lake Darbon Bookings can be made at the Bureau des

accompagnateurs office (Richard Sport bis shop).

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